

## Personal Protective Equipment (PPE) Instructions for GI, Neurology, Ortho, Podiatry, Primary Care, Podiatry, Sleep Center, Vascular, Wound Care, Cardiology, Pulmonology, Cancer Center, ENT, and WHA (Updated as of 12/30/20)

- **It is recommended that healthcare workers providing direct patient care wear at minimum a KN95 mask and face shield while interacting with patients.**
- **Gowns, N95s, face shields and gloves must be worn during care of patients suspected or positive for COVID-19** (head coverings optional)
- For those that are required/requesting to wear an N95 mask, you must first be fit tested. Please contact Respiratory Therapy at x1275 to schedule a fit test
- Staff not in direct patient care are asked to replace their surgical mask with a **KN95 mask**
- Use a surgical mask to wear over your N95/KN95 to extend use
- Continue to screen all patients before entry into the office. For those identified with potential COVID-19 symptoms, use telemedicine or phone to communicate. If the patient requires physical examination in the office, follow strict PPE guidelines

### **Donning & Doffing PPE:**

#### **Procedure for donning PPE:**

Note: You should already be wearing a KN95 or N95.

1. Perform hand hygiene
2. Put on isolation gown (if indicated)
3. Put on face shield
4. Put on gloves

#### **Procedure for doffing PPE:**

1. Remove gloves and gown in one step by tearing or carefully untying gown, rolling it down the arms and into a ball with the inside of the gown being contained, removing gloves when you get to your hands. This prevents spread of droplets that may remain on the gown and reduces the chances of touching contaminated gloves
2. Perform hand hygiene
3. Exit room to a location where you can clean your face shield
4. Remove face shield and clean with soap and water
5. Perform hand hygiene
6. Remove head covering and discard
7. Perform hand hygiene
8. Leave KN95 or N95 on unless you believe it was contaminated by patient's respiratory droplets or is otherwise soiled or wet

For any questions related to PPE guidance, please contact the Infection Prevention department at x1338/1138 or 1438